

Record no. 13066 From 17-04-2026  
Consultation



The Village Vet- Atlantis  
Wesfleur Cir, Atlantis, Cape Town, 7349, South Africa  
0215720402

| Patient Details                  | Client Details                                                       |
|----------------------------------|----------------------------------------------------------------------|
| Species: Dog                     | Name: Lindsay Garcia                                                 |
| Breed: American Pit Bull Terrier | Email: garcialm001@gmail.com                                         |
| Age: 15 Years (17-04-2011)       | Phone: 082 223 8683                                                  |
| Sex: Female - Spayed             | Address: 8 Compass Cl, Blouberg Sands, Cape Town, 7449, South Africa |

Clinical Examination

Examination Notes

15 yrs old, spayed  
owner working overseas, brought in by caretaker  
obvious chronic allergies & ot ext with stenotic ear canals  
mm pink, lnn wnr, thor aus wnr, abdo nad, normal temp  
eddu normal, no v/d, no pu/pd  
old age osteoarthritis/DJD

Assessment

Diagnosis

Otitis externa, chronic allergic dermatitis, Osteoarthritis

Otitis externa is an inflammation or infection of the outer ear canal, which is the part of the ear that extends from the eardrum to the external opening. It can be caused by various factors, including bacteria, yeast, parasites, allergies, or foreign bodies. It is a common condition in dogs and cats and can cause significant discomfort and pain. Osteoarthritis, also known as degenerative joint disease, is a progressive and chronic condition affecting the joints in animals. It occurs when the cartilage that cushions the joints begins to break down, causing pain, inflammation, and reduced mobility. Osteoarthritis can be caused by various factors such as aging, genetics, obesity, injury, or joint abnormalities.

Services

| Service             | Category              | Quantity | Price   |
|---------------------|-----------------------|----------|---------|
| CVC Consultation    | General Checkup       | 1        | R300.00 |
| CVC Dog annual vac  | Vaccinations          | 1        | R290.00 |
| CVC Injection im/sc | Injectable Treatments | 1        | R52.00  |

Products

| Product                             | Quantity             | Price                  |
|-------------------------------------|----------------------|------------------------|
| Dexa 0.2/50ml                       | 1.5 Per ml           | R18.68                 |
| Micon Polymix hydro ear drops (ED3) | 1 Bottle             | R204.00                |
| Prednisolone 10mg                   | 10 Per Tablet        | R36.20                 |
| <b>Subtotal : R783.37</b>           | <b>VAT : R117.51</b> | <b>Total : R900.88</b> |

Reminder Protocols

| Reminder Protocols                       | Due Date   |
|------------------------------------------|------------|
| VACCINATION ANNUAL<br>CVC Dog annual vac | 18-03-2027 |

Treatment

ann vac – vanguard 5/L + rabisin  
deworming up to date  
tick & flea up to date  
inj dexa 0.2, cleaned ears, ed 3 drops, both ears 5drops daily for a week & preds 10mg oid/5d, then 1 eod  
advise nsaid but prep bloods first  
adv mobility/joint diet & supplement

Recommendations

Otitis externa

- Thorough ear cleaning: Your veterinarian will clean your pet's ears to remove debris and discharge. This may involve using a specialized ear cleaner and cotton balls or gauze.
- Topical medications: Depending on the cause of the otitis externa, your veterinarian may prescribe topical medications such as antibiotic or antifungal ear drops, anti-inflammatory drops, or a combination of these.
- Oral medications: In some cases, oral antibiotics, antifungal medications, or anti-inflammatory drugs may be prescribed to help treat the underlying cause of the otitis externa.
- Preventative measures: To prevent future occurrences of otitis externa, it is important to regularly check and clean your pet's ears. Your veterinarian can show you how to do this safely and effectively.

- Address underlying causes: If your pet has allergies or other underlying conditions that contribute to otitis externa, work with your veterinarian to manage these issues.
- Avoid moisture: Keep your pet's ears dry, especially after swimming or bathing, as moisture can promote the growth of bacteria and yeast.
- Regular check-ups: Schedule regular check-ups with your veterinarian to monitor your pet's ear health and ensure that any issues are addressed promptly.

Osteoarthritis

1. Weight management: Ensure your pet maintains a healthy weight to reduce stress on the joints. This may involve adjusting their diet and portion sizes.
2. Exercise: Provide regular, low-impact exercise to help maintain joint mobility and muscle strength. Swimming or walking on soft surfaces can be beneficial.
3. Joint supplements: Consider adding joint supplements like glucosamine and chondroitin to your pet's diet, which may help support joint health.
4. Anti-inflammatory medications: Your veterinarian may prescribe non-steroidal anti-inflammatory drugs (NSAIDs) to help manage pain and inflammation.
5. Pain management: Additional pain medications, such as opioids or gabapentin, may be prescribed by your veterinarian for more severe cases.
6. Physical therapy: Consult with a veterinary rehabilitation specialist for physical therapy options to improve joint function and mobility.
7. Environmental modifications: Make adjustments to your pet's living environment, such as providing orthopedic beds, non-slip flooring, and ramps to reduce strain on joints.
8. Regular check-ups: Schedule regular veterinary visits to monitor your pet's condition and adjust treatment plans as needed.

Dexa 0.2/50ml

Micon Polymix hydro ear drops (ED3)

Prednisolone 10mg

Administrator Annelien Moss